

QUANSYS



B I O S C I E N C E S



**Q-Plex**<sup>™</sup> ARRAY

Human Female Hormone

(8-Plex)







For Research Use Only    Version 3.0  
Not For Use In Diagnostic Procedures






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Symbol	Explanation
	Catalog Number
	Lot Number
	Use By YYYY-MM-DD
	Temperature Limitation
	Manufacturer
	Keep Away From Sunlight

 Manufactured and Distributed by:  
Quansys Biosciences  
365 North 600 West Logan, Utah 84321, USA  
TEL: (888) 782-6797  
E-MAIL: [INFO@QUANSYSBIO.COM](mailto:INFO@QUANSYSBIO.COM)

For International Distributors see:  
<http://www.quansysbio.com/distributors>

# NAME AND INTENDED USE

## **Q-Plex™ Human Female Hormone (8-Plex) Quansys Biosciences Catalog Number 332149HU**

The Q-Plex Human Female Hormone (8-plex) is a quantitative chemiluminescent assay (ELISA) allowing concurrent measurement in urine samples of Adiponectin, Cortisol, C-Peptide, E1G, FSH, HCG $\beta$ , IL-6, and IL-10 biomarkers.

## PRINCIPLE OF THE ASSAY

This multiplex assay is based on the 96 well plate sandwich enzyme immunoassay technique for the measurement of human Adiponectin, C-peptide, FSH, HCG $\beta$ , IL-6 and IL-10 and the microplate competitive enzyme immunoassay technique for the measurement of human Cortisol and E1G.

The Adiponectin, C-peptide, FSH, HCG $\beta$ , IL-6 and IL-10 assays use two different antibodies specific for their respective targets. Samples or calibrators are pipetted into wells of a microplate arrayed with analyte specific antibodies that capture Adiponectin, C-peptide, FSH, HCG $\beta$ , IL-6 and IL-10, thereby immobilizing Adiponectin, C-peptide, FSH, HCG $\beta$ , IL-6 and IL-10 to their locations in the array. After washing away any unbound protein, a mixture that contains biotinylated analyte specific antibodies is added. The biotinylated antibodies complete the sandwich for each specific arrayed analyte. After washing away unbound biotinylated antibody, streptavidin-horseradish peroxidase (SHRP) is added. Following an additional wash, the amount of SHRP remaining on each location of the array is proportional to the amount of Adiponectin, C-peptide, FSH, HCG $\beta$ , IL-6 and IL-10 initially captured.

The Cortisol and E1G assays use an antibody specific for their respective targets. Samples or calibrators are pipetted into wells of a microplate arrayed with immobilized analyte specific antibodies that capture Cortisol and E1G. During the sample incubation, Cortisol and E1G present in a sample competes with a fixed amount of biotin-labeled Cortisol and E1G for sites on the immobilized antibody. This is followed by a wash to remove

excess biotin-labeled Cortisol and E1G and unbound protein. At this point of the multiplex protocol, the competitive assays act as spectators during the biotinylated antibody incubation step of the sandwich assays. After washing away unbound biotinylated antibody, SHRP is added. Following an additional wash, the amount of SHRP remaining on each location of the array is inversely proportional to the amount of Cortisol and E1G initially present in a sample.

The amount of conjugated enzyme on each location of the array is measured with the addition of a chemiluminescent substrate.

### **Assay Ranges**

Please refer to accompanying In-Kit Certificate of Analysis.

# SAMPLE COLLECTION AND STORAGE

The sample collection and storage conditions are intended as general guidelines. Sample stability has not been evaluated.

**Urine** - Aseptically collect the first urine of the day (mid-stream), voided directly into a sterile container. Centrifuge to remove particulate matter. Assay immediately or aliquot and store at  $\leq -80$  °C. Avoid repeated freeze-thaw cycles.

## IMPORTANT PRECAUTIONS

1. Read all instructions before beginning test.
2. For research use only. Not for use in diagnostic procedures.
3. The kit should not be used beyond the expiration date on the kit label.
4. If running multiple kits, a calibration curve must be included for each 96-well plate. The curve from one plate cannot be used to calculate sample values from other plates.
5. Do not mix or substitute reagents with those from other kits or lots.
6. All products are carefully validated, however due to the variability encountered in biological buffers and sample matrices, the possibility of interference or sample matrix effects cannot be excluded.
7. Warning: The calibrator contains components of human origin. These components have been tested at the donor level and found negative for HBsAg, HIV-1 and HIV-2 antibodies, and HCV. However, consider all materials as potentially infectious and use only approved guidelines for the proper handling and disposal of infectious material.


## DO






- Do set up and practice using the Q-View™ Imager Pro or Q-View™ Imager LS before starting the assay.
- Do be exact when setting shaker speed to 500 RPM.
- Do dilute all samples at least 1:2 (one part sample to one part diluent) with the provided sample diluent to prevent false positives, and mix thoroughly.
- Pre-wet pipette tips three times by drawing up the liquid into the pipette and then dispensing back into the original vessel prior to the addition of samples or calibrators to the microplate.
- Do load all calibrators and samples into the microplate within 10 minutes of each other.
- Do be exact with incubation times, particularly the streptavidin-horseradish peroxidase (SHRP) incubation.
- Do be exact when mixing Substrate A and B+ and mix thoroughly.

## DO NOT

- Do not allow the plate to dry out between steps.
- Do not allow the substrate or SHRP to be exposed to UV light, as this may degrade it.

# KIT CONTENTS, PREPARATION, & STORAGE

**Unopened Kit** -  Store at 2-8°C. Do not use past kit expiration date. Do not re-use the kit.

Part/Description	Storage of opened/reconstituted material
<b>Q-Plex™ Array Microplate</b> Arrayed and blocked 96-well polystyrene microtiter plate	 2-8°C until kit expiration
<b>Wash Buffer Concentrate (20X)</b> Liquid, 50 mL/vial of a concentrated solution of buffered surfactant	
<b>Sample Diluent</b> Liquid, 10 mL/vial of a buffered protein solution with heterophilic antibody and rheumatoid factor blockers and preservatives	
<b>Competitor</b> Liquid, HRP Conjugated competitive antigen	
<b>Detection Mix</b> Liquid, 6 mL/vial of biotinylated antibodies in a buffered protein solution with preservatives	
<b>Calibrator</b> Lyophilized, recombinant antigens in a buffered protein base	Discard unused reconstituted calibrator.
<b>Streptavidin-HRP 1X</b> Liquid, 6 mL/vial of streptavidin-conjugated horseradish peroxidase	  Do not expose to UV light. 2-8°C until kit expiration
<b>Substrate A</b> Liquid, 3 mL/vial of stabilized hydrogen peroxide	  Do not expose to UV light. Store mixed substrate solution at room temperature (20-25°C) for up to 1 week. Store unmixed solutions at 2-8°C until kit expiration.
<b>Substrate B+</b> Liquid, 3 mL/vial of stabilized signal enhancer	
<b>Plate Seals (3)</b> Adhesive strips	Non-perishable



# OTHER REQUIRED MATERIALS: INSTRUMENTS AND ACCESSORIES

In addition to the kit contents listed, the following materials are required to run this assay.

1. Multichannel pipette (20-200  $\mu$ L) and/or a single channel pipette (20-200  $\mu$ L) and tips
2. Polypropylene tubes or polypropylene 96-well plate(s) for sample and calibrator preparation
  - a. Recommended: Nunc® MicroWell™ 96-Well Plates, Polypropylene, 249944; Eppendorf® LoBind Protein or Genomic Microcentrifuge Tubes, 022431102
3. Q-View™ Imager and Software
4. Microplate shaker
  - a. For example: Barnstead/labline 4625 titer plate shaker, IKA MTS 2/4 for 2 or 4 microtiter plates, or equivalent, capable of 500 RPM.
5. Deionized water
6. Microplate washer
7. Graduated cylinder for the preparation of wash buffer

# ASSAY PREPARATION

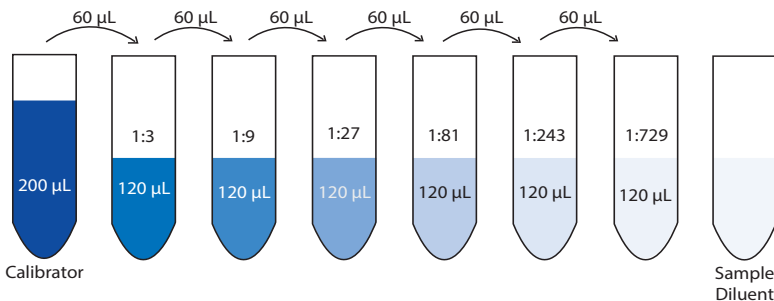
1. Install Q-View™ Software on the computers that will be used for analysis or operating a Q-View Imager Pro or Q-View Imager LS.
2. Set up the imager. For imager-specific instructions, see [www.quansysbio.com/manuals](http://www.quansysbio.com/manuals).
3. Set the plate shaker to 500 RPM.
4. Prepare the Wash Buffer: Place 50 mL of the 20X concentrate into 950 mL deionized water, and mix thoroughly.
5. Prepare Sample Diluent: Add 16.7  $\mu$ L of Competitor to Sample Diluent. Mix thoroughly.
6. Prepare Calibrator: Reconstitute using Sample Diluent containing competitor with the volume on the In-Kit Certificate of Analysis which accompanies the kit. Allow Calibrator to sit for 5 minutes. Mix thoroughly.
7. Allow Substrate A and B+ to come to room temperature (20-25°C). Fifteen minutes prior to use, combine 3 mL of Substrate A with 3 mL of Substrate B+, and mix gently. **Do not expose to UV light. Store at room temperature (20-25°C) after mixing.**

# ASSAY PROCEDURE

**Allow all reagents to equilibrate to room temperature (20-25°C) before use and prepare as directed by the previous sections. It is recommended that all calibrators, samples, and controls be assayed in duplicate.**

1. Using the previously reconstituted calibrator, prepare an 8-point calibration curve (7 points plus 1 blank) in either polypropylene tubes or a polypropylene 96-well plate.
  - a. Pipette 200  $\mu$ L of prepared calibrator into the first tube or well.
  - b. Place 120  $\mu$ L of prepared sample diluent into the other seven tubes or wells.

- c. Transfer 60  $\mu\text{L}$  of the undiluted prepared calibrator from the first tube into the second, mix thoroughly, and repeat the transfer from tube to tube for 5 more points, leaving the last tube without any prepared calibrator. This process is diagrammed above. The undiluted prepared calibrator serves as the high point of the standard curve. The prepared sample diluent serves as the negative.



2. Prepare urine samples by diluting 1:2 (one part sample to one part prepared sample diluent) with enough prepared sample diluent to have 50  $\mu\text{L}$  per well in either polypropylene tubes or a polypropylene 96-well plate.

**Note:** If you anticipate that your analyte concentrations will be greater than the high point of the calibration curves as reported on the In-Kit Certificate of Analysis included in the kit, use the prepared sample diluent to dilute your samples further.

3. Add 50  $\mu\text{L}$  per well of the calibration curve and samples by pre-wetting the pipette tips three times, drawing up the liquid into your pipette and then dispensing back into the original vessel, aspirating 50  $\mu\text{L}$  and dispensing into the Q-Plex™ Array 96-well plate. Load all samples and calibration curve to the plate within ten minutes.
4. Cover the plate with a plate seal provided, and shake on a plate shaker set to 500 RPM for 90 minutes at room temperature (20-25°C).
5. Wash the plate three times (see Appendix A).

6. Add 50  $\mu\text{L}$  per well of Detection Mix, cover with a new plate seal, and return to the plate shaker set to 500 RPM for one hour at room temperature (20-25°C).
7. Wash the plate three times (see Appendix A).
8. Add 50  $\mu\text{L}$  per well of Streptavidin-HRP 1X, cover with a new plate seal, and return to the plate shaker set to 500 RPM for 15 minutes at room temperature (20-25°C).
9. Wash the plate six times (see Appendix A).
10. Add 50 $\mu\text{L}$  per well of previously prepared substrate. Wait no longer than 15 minutes to commence imaging.

*Note:* If imaging cannot commence immediately, protect the plate from drying for up to 15 minutes by dispensing 100  $\mu\text{L}$  of wash buffer into each well of the plate prior to adding the mixed substrate. When ready to image, remove the wash buffer from the plate and add the substrate.

11. Place the plate in the Q-View Imager Pro or Q-View Imager LS.
12. Open Q-View Software, create or open a project, and click Acquire Image.
13. When using a Q-View Imager Pro, set the exposure time to 300 seconds.
14. When using a Q-View Imager LS, set the exposure time to 270 seconds and standard image processing.
15. Click the Capture Image(s) button. Users may continue on to Well Assignment while images are being captured.

*Note:* Details about these imaging steps are available in the Q-View™ Software Manual viewable at [www.quansysbio.com/manuals](http://www.quansysbio.com/manuals) or within Q-View Software under **Support > Manual**.

16. Dispose of all used and unused materials. Disposal of waste may differ from country to country. Please refer to local disposal rules.

# ANALYZING A Q-PLEX™ IMAGE

The following summarizes a general workflow for analyzing a Q-Plex image in Q-View Software. Each of these steps is described in greater detail in the Q-View Software and Imager Manual, viewable at [www.quansysbio.com/manuals](http://www.quansysbio.com/manuals), or within Q-View Software under **Support > Manual**.

1. Acquire or import an image into Q-View Software as previously described.
2. Enter the **Software Product Code** (found on the In-Kit Certificate of Analysis) into the **Product Code** field of the software.
3. **Image Processing:** Align the plate overlay as follows:
  - a. Set the overlay: If using the **Auto-Set Plate Overlay** feature, this will occur automatically. Otherwise, go to **Overlay Options > Set Plate Overlay**.
  - b. To visualize bright or dim spots, optimize the display using **Image Options > Adjust Gamma** (does not affect the data).
  - c. Optimize overlay alignment: Go to **Overlay Options > Adjust plate** to pivot the overlay, **Adjust Well** and **Adjust Spot** to move individual wells and spots, then **Auto-Adjust Spots** to automatically snap each circle of the overlay to the nearest spot of the image beneath.
4. **Well Assignment:** Label wells as samples, controls, calibrators, or negatives, and specify their dilution factors. Use **Templates** to quickly assign layouts that are repeated often, or export the layout as a .csv file.
5. **Data Analysis:** Once you have completed **Image Processing** and **Well Assignment**, select **Data Analysis**. Click **Perform Analysis** to generate charts, concentrations, and statistics based on optimal regression settings provided by the product definition.

*Note:* Tips for data analysis are available at [www.quansysbio.com/tech-tips](http://www.quansysbio.com/tech-tips). We take great care to ensure that customers have success using our products and services. If you have further questions about running the assay, data analysis, troubleshooting, or our products or services, please contact us at **888-QUANSYS (782-6797)** or at [support@quansysbio.com](mailto:support@quansysbio.com).

# APPENDIX A: PLATE WASHING METHOD

1. Use a program that will aspirate and dispense 300-400  $\mu\text{L}$  wash buffer



2. Ensure that the plate washer has a program that will not scratch the bottom of the microplate and will prevent plate drying. This is critical to prevent damage to the capture antibody arrays. The simplest method to avoid plate drying is to leave a small, uniform amount (1-3  $\mu\text{L}$ ) of wash in the well after the final aspiration, and add the next reagent to the plate as quickly as possible.

3. Leaving a uniform amount of wash in the wells can be accomplished with an automated washer by slightly increasing the aspiration height of the washer head.

*For example:*

<b>Process</b>	<b>Distance</b>	<b>Steps on a Biotek ELX-405</b>
Aspiration Height	3.810 mm	30
Aspiration Position	1.28 mm from center	-28
Dispense Height	15.24 mm	120
<i>no soak or shake cycles are needed</i>		

4. Connect the prepared wash buffer to your automatic plate washer.
5. Run 1-2 priming cycles to make sure that the wash buffer is running through the plate washer. When the buffer has run through the machine, the waste will be foamy.
6. To ensure that all pins are functioning, in a spare microtiter plate, dispense 100 $\mu$ L wash buffer and ensure that all pins dispense uniformly, then aspirate and ensure that all pins aspirate uniformly.
7. Prime the plate washer one time before the first wash step. When running the assay, perform the wash 3 or 6 times according to the protocol.

# ABBREVIATED PROTOCOL

## Preparation

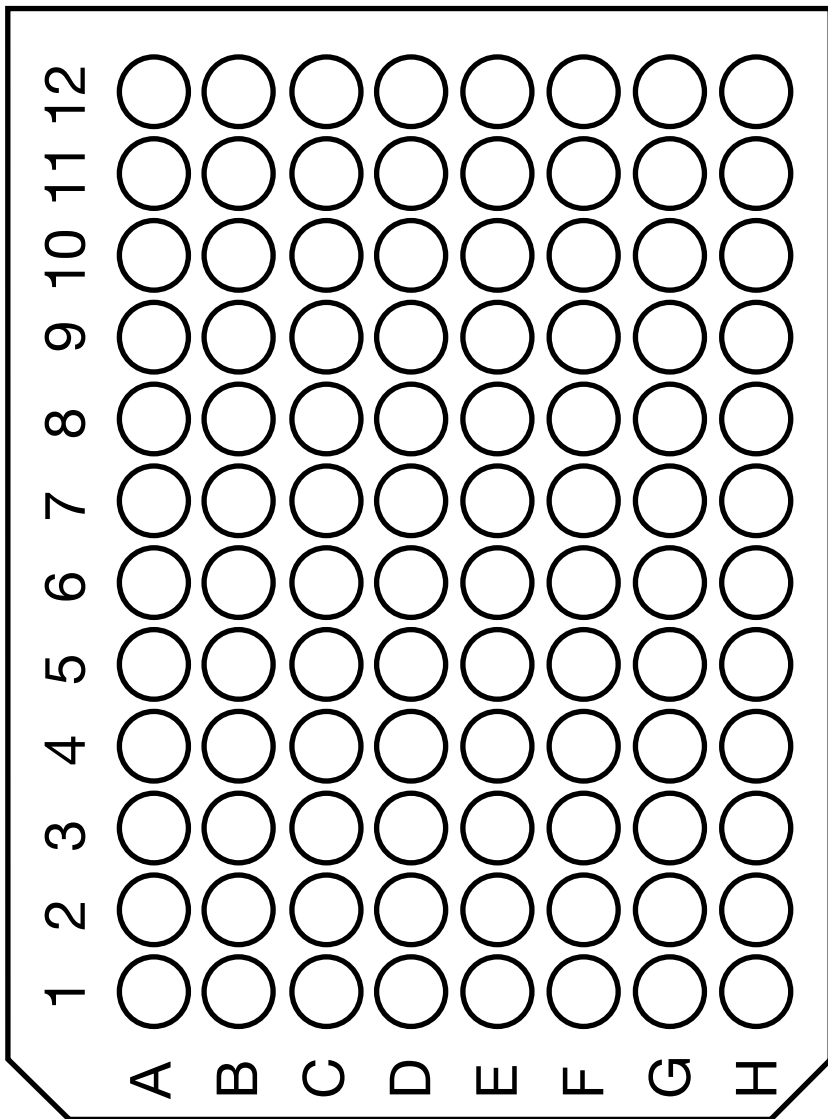
1. Install Q-View Software (*page 8*).
2. Set up the imager (*page 8*).
3. Set up microplate washer (*page 12*) and shaker (*page 8*).
4. Reconstitute and prepare reagents (*page 8*).

## Running the Assay

5. Prepare the calibration curve using the Calibrator and Prepared Sample Diluent according to the In-Kit Certificate of Analysis (*page 8*).
6. Prepare the samples with Sample Diluent (*page 9*).
7. Load the calibration curve and samples onto the plate. Shake for 90 minutes at room temperature (500 RPM) (*page 9*).
8. Wash the plate three times, add the Detection Mix, and shake for one hour at room temperature (500 RPM) (*page 9*).
9. Wash the plate three times, add the Streptavidin HRP 1X, shake for 15 minutes at room temperature, (500 RPM) (*page 10*).
10. Allow Substrate A and Substrate B+ to come to room temperature, then mix equal volumes and allow the solution to sit at room temperature (*page 8*).
11. Wash the plate six times, and add the mixed Substrate (*page 10*).
12. Capture and analyze image of the plate (*page 10*).



# PLATE DIAGRAM









[www.quansysbio.com](http://www.quansysbio.com)

365 North 600 West, Logan, Utah 84321

T: 1-888-782-6797 • F: (435)750-6869

[www.quansysbio.com](http://www.quansysbio.com) • Technical Support: [support@quansysbio.com](mailto:support@quansysbio.com)  
332117HU